

# GRACIE BARRA STUDIO CITY

TIME	MON	TUE	WED	THU	FRI	SAT	SUN
6:00		ALL LEVELS GI		ALL LEVELS GI			
7:00							
8:00							
9:00							
10:00	WOMEN'S SELF-DEFENSE		WOMEN'S SELF-DEFENSE			LITTLE CHAMPS/ FUTURE I	C
11:00						FUTURE II/ JUNIORS	L
12:00						ALL LEVELS GI	O
1:00							S
2:00							E
3:00	Blue Ridge Academy 3:45 LITTLE CHAMPIONS	Blue Ridge Academy 3:45	Blue Ridge Academy 3:45 LITTLE CHAMPIONS	Blue Ridge Academy 3:45			D
4:00	FUTURE CHAMPIONS	LITTLE CHAMPS/ FUTURE I	FUTURE CHAMPIONS	LITTLE CHAMPS/ FUTURE I			
5:00	JUNIOR CHAMPIONS	FUTURE II / JUNIORS	JUNIOR CHAMPIONS	FUTURE II / JUNIORS	NO GI		
6:00	ALL LEVELS GI	KIDS MUAY THAI	NO GI	KIDS MUAY THAI			
7:00		ALL LEVELS GI		ALL LEVEL GI			
8:00		MUAY THAI		MUAY THAI			
9:00							